



Sacred Heart Catholic School

Dress Code

A person's dress reflects the respect they have for themselves and others. Students should dress modestly for school. Modest dress is defined as reasonable clothing that covers most of the body and does not draw attention to the person wearing it, is not extreme in style or fashion, and is not excessive in size or wear. **A good rule of thumb for dress code is "if you have to think about the item being appropriate, it probably isn't."**

Modest dress expectations:

- Comfortable and appropriate fit
- Free of offensive words/graphics and those related to alcohol, tobacco, drugs, sex, or violence
- Free of visible wear and holes
- Shoulders and chest covered
- Mid -section, back and low back covered
- Skirts and dresses should be within one inch of the knee, regardless of leggings/tights underneath
- Shorts should be within one inch of the knee and not be worn unless the temperature outside is greater than 50 degrees at the start of the school day
- Undergarments are not visible
- see through fashions, large, loose knits, and lace openings are not allowed
- Quiet, well-fitting footwear (for safety, flip-flops are not permitted to be worn for school)
- Hair, if dyed, must be a natural hair color.

Appropriate Dress

Student dress should be appropriate for the day's schedule and activities. Students should consider the day's weather when dressing for school. Our school building is not air-conditioned, yet students are expected to maintain modest dress in all conditions. Consider shorts or skirts and lightweight fabrics on hot weather days.

Bottoms: Casual, soft knit bottoms with elastic waistbands are allowed except for wind pants/running pants and sweatpants.

Mass Dress Code: For Mass, students are expected to dress in tan khaki bottoms and a red school polo shirt. Khaki shorts are allowed. (see above for shorts requirements) Denim is not khaki.

Footwear: Non marking athletic shoes are required to be worn during physical education class. Gym shoes may be kept at school. All footwear must attach to the foot completely; back straps required on all sandals. For safety, it is preferred that footwear cover the majority of the child's foot.

Field Trips: Appropriate dress for field trips and class activities will be advised by classroom teachers.

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Grades 5-8 Phy Ed Dress Code: 5th-8th grade students are required to change for gym class unless otherwise instructed. Proper dress includes a t-shirt long enough to tuck in, shorts or sweatpants, and tennis shoes. Further details will be provided from the phy ed teacher at the start of the school year.

Outdoor Clothing: Outdoor clothing is to be worn outdoors and otherwise stored with a student's personal belongings.

For Recess: For recess, students will be expected to wear coats or jackets when the temperature outside is less than 50 degrees.

For Swim Lessons: For swim lessons, in the spring, students need a swimsuit. Females are to wear a one-piece suit or a t-shirt over the top of their suit to cover any exposed midsection.

Boots/Winter: During the winter, **all** students are expected to wear coats, hats, mittens and **boots**. Students who wish to play in the snow are required to wear snow pants. Boots are considered outdoor clothing and therefore students will be required to bring shoes to wear while inside school. At times when the playground may be wet, due to rain or melting snow, boots will be required. Separate footwear to wear outside will be required on these days.

Dress Code Violations

When a student's dress violates the dress code, the child will first be offered appropriate clothing from the school clothes closet. If there are no available clothes for the student, then the child will need to call his/her parent/guardian to have appropriate clothes brought to school.

A Notice of Dress Code Violation will be sent home with the student. Parents/Guardians should sign the notice and send it back to school on the next school day.